

*For Boy Scout Adults of Troops, Crews & Ships who wish to lead youth on canoeing, kayaking, and rafting trips on lakes, rivers, and whitewater. Good physical condition and ability to pass BSA Swimmer Test is required. No prior knowledge of canoeing is required, but may be helpful.*

# **ADULT CANOE SAFETY & HANDLING COURSE**

*OCCONEECHEE  
COUNCIL, BSA*



*This training is not part of the Cub Scout program.*

## **PART 1: Flat-water Basics**

**April 16-17, 2010** Friday evening thru Saturday at 5 p.m. Saturday at Lake Crabtree (near Raleigh-Durham Airport)

Cost: \$25.00 per person

Learn the same basic paddling skills that are found in the Canoeing Merit Badge from the Council's aquatics experts! Get certified in the Safe Swim Defense and Safety Afloat programs. Learn whitewater transition strokes and maneuvers. Learn trip planning and SAFETY FIRST attitudes. Hard work but great fun!

## **PART 2: Whitewater Basics\***

**April 30 - May 2, 2010** (Friday evening thru late Sunday)

Saturday & Sunday at 2 local class I, II rivers

Cost: \$50.00 per person

Continuation of Part 1. Practical training and experience in Whitewater Merit Badge skills on the Cape Fear and/or Haw Rivers. Learn SAFETY, trip planning, how to maneuver Class I and II rapids, rescue techniques.

\*Completion of both courses is required for whitewater certification.

***For more information and to find out how to register:***

*call or e-mail:*

***Tom Stalker, BSA Aquatics Instructor***

*(919) 467-4808 (leave detailed message including name, address, home & work phone, email, etc.)*

***E-mail: [Tom\\_Stalker@ncsu.edu](mailto:Tom_Stalker@ncsu.edu)***